



**Jacob's School of Music Showcase**

April 2025

Title: *LIMP.LEG.BITCH.BOY*

Dancers: Courage Barda and Megan Trappe

Notes: Choreographed movement and created an improvisational score to complement the composition created by Courage Barda. This project utilized physical movement, sound composition, and digital media/video.

**Junior Choreographic Performance Project**

Nov. 2023

Title: *All thoughts are never the same*

Dancers: Katie Rankin, Regan Simeon, and Megan Trappe

Notes: An exploration into the process of creating movement using the physical form as well as visual art. Much of the inspiration for this piece was found during its formulation; major themes include nostalgia, childhood, and the inevitability of change.

**Student Led Independent Project (SLIP)**

March 2023

Title: *Duo*

Dancers: Frances Koper Heintzelman and Megan Trappe

Notes: Made in collaboration, this duet pairs an improvisational score with poetry projection. One poem written and edited using a blackout method created three distinct scenes, or poems, that we used to guide the final work.

**Jacob's School of Music Organ Concert**

March 2023

Title: *Indiana University's Faculty/Student Organ Concert*

Dancers: IU Contemporary Dance Class of 2025

Notes: A full-length work choreographed with fellow Contemporary Dance majors for our second-year dance composition course. We collaborated with the Jacobs School of Music to set movement for the organ score being performed.

**SLIP**

March 2022

Title: *Me in 20 Years*

Dancers: Megan Trappe and Olyvea Yambrovich

Notes: A duet choreographed with a fellow student during our first year in the BFA program. This piece acted as an opportunity for us to create work without any expectations as we were beginning to find our artistic voices.

## Teaching & Work Experience

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- Dance Instructor** | Dazzle Dance - Muncie, IN Aug. 2016 - July 2021  
Oct. 2025 - Present  
Teaching a variety of dance styles including ballet, jazz, modern, and tap to ages 5-18.
- Pilates Instructor** | YMCA - Muncie, IN Oct. 2025 - Present  
Leading mat pilates classes on a weekly basis for the greater Muncie community.
- Server** | Village Deli - Bloomington, IN June 2022 - Sep. 2023  
Worked as a server during my time as an undergraduate student at IU.
- Performance Crew Member** | Indiana University - Bloomington, IN December 2021  
Ran the sound for IU Contemporary Dance's Annual Faculty Showcase; gained experience in crew areas of projection, costuming, sound, and lighting.

## Performance Experience

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<i>Show</i>	<i>Choreographer</i>	<i>Date</i>
<b>Echoes: Capstone Showcase</b> Bloomington, IN		May 2025
<i>Ode to Refraction</i>	Megan Trappe	
<i>Constellation</i>	Lucy Morrison	
<i>Archive</i>	Caroline Dahm	
<b>Jacob's School of Music Showcase</b> Bloomington, IN		April 2025
<i>LIMP.LEG.BITCH.BOY</i>	Megan Trappe and Courage Barda	
<b>Student Led Independent Project (SLIP)</b> Bloomington, IN		April 2025
<i>Derby After Dark</i>	Anya Gustafson	
<b>ACDA East Central Region</b> Allendale, Michigan		March 2025
<i>Transcendence</i>	Beatrice Capote	
<i>All thoughts are never the same</i>	Megan Trappe	
<b>Reconstructed / Reframed: Faculty Showcase</b> Bloomington, IN		Dec. 2024
<i>Protean Hearts</i>	Elizabeth Shea	
<i>Three Steps Forward, Two Back</i>	Christian Claessens	
<b>New Moves New Directions: Capstone Showcase</b> Bloomington, IN		April 2024
<i>Rich Man</i>	Caroline Moeller	
<i>Effigies in 36</i>	Lindsay Osten	
<i>Koshari</i>	Nell Ritchey and Picabo Saunders	

<b>Uniting Colleges Through Tap: Annual Concert</b>	March 2024
Philadelphia, PA	
<i>Zapateado Palmas</i>	Robert F. Burden Jr.
<b>Cultural Immersion: Faculty Showcase</b>	Dec. 2023
Bloomington, IN	
<i>Zapateado Palmas</i>	Robert F. Burden Jr.
<b>Junior Choreographic Performance Project</b>	Nov. 2023
Bloomington, IN	
<i>All thoughts are never the same</i>	Megan Trappe
<b>New Moves New Directions: Capstone Showcase</b>	April 2023
Bloomington, IN	
<i>Daughter Lost</i>	Katelyn Connor
<i>This is Not a Eulogy</i>	Frances Koper Heintzelman
<i>Pressure Makes Diamonds</i>	Alyssia Wright
<b>SLIP</b>	March 2023
Bloomington, IN	
<i>Duo</i>	Frances Koper Heintzelman & Megan Trappe
<b>Uniting Colleges Through Tap: Annual Concert</b>	March 2023
Philadelphia, PA	
<i>Roots to Fruits</i>	Robert F. Burden Jr.
<b>Jacob School of Music's Organ Concert</b>	March 2023
Bloomington, IN	
<i>Faculty/Student Organ Concert</i>	IUCD Class of 2025
<b>The Winter's Tale: IU Theatre Production</b>	February 2023
Bloomington, IN	
<i>The Winter's Tale</i>	Aerin Webber
<b>Journeys of Joy: Faculty Showcase</b>	Dec. 2022
Bloomington, IN	
<i>Roots to Fruits</i>	Robert F. Burden Jr.
<b>Junior Choreographic Performance Project</b>	Nov. 2022
Bloomington, IN	
<i>Koto</i>	Picabo Saunders
<b>Movement at the Mies: A Site Specific Work</b>	October 2022
Bloomington, IN	
<i>Movement at the Mies</i>	Frances Koper Heintzelman
<b>New Moves New Directions: Capstone Showcase</b>	April 2022
Bloomington, IN	
<i>A Story of Our Own</i>	Madison Mora
<i>Femology</i>	Noah Shahadey
<b>SLIP</b>	March 2022
Bloomington, IN	
<i>Me in 20 Years</i>	Megan Trappe and Olyvea Yambrovich

## Junior Choreographic Performance Project

Nov. 2021

Bloomington, IN

*We and Us Together*

Abi Dostalek

*10 Blue Herons*

Frances Koper Heintzelman

*To Depletion's End*

Maddie Musgraves

## Professional Performances

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### Dance City Festival Detroit | Detroit, MI

Sep. 2025

Performed: *Protean Hearts* by Elizabeth Shea

### Dance City Festival Chicago | Chicago, IL

August 2025

Performed: *Protean Hearts* by Elizabeth Shea

### Moving Memory: Next Generation | New York City, NY

July 2024

Performed: *Koto* by Picabo Saunders

### Trifecta Dance Festival | Chicago, IL

April 2024

Performed: *Koto* by Picabo Saunders

## Public & Professional Presentations

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### English Honors Program Symposium

March 2025

Bloomington, IN

Title: *Ecstatic Vision and the Mythology of Self in the Work of Isadora Duncan and H.D.*

A presentation focused on the research process of my thesis project that I completed during my senior year. My thesis explored the role of ecstatic vision in the creative process, as well as the potential for mythology of self via one's art. To truly delve into these topics and simultaneously connect my dance and English interests, I used the work of dancer Isadora Duncan and writer H.D. as a lens for my research.

### Integrative Physiology of Exercise Meeting

Nov. 2020

Sponsored by American Physiological Society

Muncie, IN (International Meeting Held on Zoom)

Title: *High Intensity Exercise in Space: Human Skeletal Muscle Fiber Types After 6 Months Aboard the International Space Station*

Upon completing an internship with the Human Performance Laboratory on Ball State's campus, I presented findings from research conducted at the American Physiology Society's National Conference. This study focused on the muscle samples taken from astronauts after space flight and aimed to determine how they were impacted by extended travel in space.

## Community Engagement

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### **President of the Movement Cooperative**

Aug. 2023-May 2025

- Served as the leader of MoCo, a student-run group on IU Bloomington's campus, focused on bringing free dance classes to the campus and community at large. Worked collaboratively with peers and other student groups to host unique movement-based classes in a wide range of styles.

### **Treasurer of the Movement Cooperative**

Aug. 2022-May 2025

- Managed funding for our student group on campus, and performed outreach tasks to provide fundraising opportunities.

### **Member of IU Hoofers Ensemble**

Aug. 2022-May 2024

- Attended weekly rehearsals and performed work for this tap-focused group both within and outside of the IU Contemporary Dance major's programs. Learned methodologies of tap specific to Philly-style hoofing and traveled to Philadelphia twice to perform and take class from renowned tap artists.

## Relevant Coursework

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Anatomy | Critical Practices (Critical Theory) | Dance Composition | Dance History  
Dance Pedagogy | Movement Analysis | Performance as Art and Design  
20th Century Poetry | Professional Writing | Sport Psychology  
Virginia Woolf and Patti Smith: A Literary Seminar | Women in Literature

## Honors & Awards

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### **Dean's List**

Fall 2021, Spring 2022, Spring 2023, Spring 2024, Fall 2024

### **Member of Hutton Honors College**

Inducted in Spring 2022

### **Hutton Honors Founder's Scholar Recognition**

Received Spring 2023

### **National Society of High School Scholars**

Inducted in September 2019

## Certifications

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### **Mat Pilates Certification**

May 2025

Received through the Kane School training program, and completed through Indiana University during my undergraduate studies.